

# Feel Good

**Count:** 64    **Wall:** 4    **Level:** Country

**Choreographer:** Shane McKeever – April 2016

**Music:** Don't It Feel Good by Home Free

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**Restart: on Wall 2**

## **#16 Count Intro (approx. 8 secs from start of track)**

### **[1-8] Step Scuff, Jazz Box, Step Scuff, Jazz Box**

- 1,2            Step Rf Fwd, Scuff Lf Fwd
- 3&4           Cross Lf in front of Rf, Step Rf to R side, Step Lf to L Side
- 5,6            Step Rf Fwd, Scuff Lf Fwd
- 7&8           Cross Lf in front of Rf, Step Rf to R side, Step Lf to L Side

### **[9-16] Cross, Side Rock, Cross, ¼ Turn, Paddle ½ Turn**

- 1,2            Cross Rf in front of Lf, Rock Lf to L side
- 3,4            Recover, Cross Lf behind Rf
- 5              Step Rf Fwd as you ¼ Turn R (facing 3.00)  
                 1/8 Turn R as you touch Lf to L Side Pivoting of Rf (facing 4.30), ¼ Turn R as you
- 6,7,8        touch Lf to L Side Pivoting of Rf (facing 7.30), 1/8 Turn R as you touch Lf to L Side  
                 Pivoting of Rf (facing 9.00)

### **[&17-24] Together, Side Rock, Cross, Full Turn Hitch, Slide, Hold, Cross Rock, Side**

- &1,2          Step Lf next to Rf, Rock Rf to R Side, Recover
- 3,4            Cross Rf in front of Lf, Full Turn as you Hitch L Knee
- 5,6            Slide Lf to L, Hold
- 7&8           Cross Rock Rf in front of Lf, Recover, Step Rf to R Side

### **[25-32] Cross, ¼ Turn, Touch x2, Step Sweep ½ Turn, Shimmy**

- 1              Cross Lf in front of Rf,
- 2&3          ¼ Turn R (facing 12.00) as you Touch Rf Fwd, Step Rf next to Lf, Touch Lf Fwd
- &4            Step Lf next to Rf, Step Rf Fwd
- 5,6            Sweep Lf from Back to Front as you ½ Turn R (facing 6.00), Hold
- 7&8          Push R Shoulder Fwd, Push L Shoulder Fwd, Push R Shoulder Fwd

### **[33-40] Cross Touch L, Cross Touch R, Step RF Diagonally, ½ Turn, ½ Turn Sweep**

- 1,2            Cross Rf in front of Lf, Touch Lf to L Side
- 3,4            Cross Lf in front of Rf, Touch Rf to R Side
- 5,6            Cross Rf to L diagonal (facing 4.30), 1/2 Turn L finishing with weight on Lf
- 7,8            ½ Turn L as you Step Rf back sweeping Lf Front to Back, Hold

### **[41-48] Cross Behind, Step Diagonal, Heel Heel, Step Back, Together, Walk x3, Step Kick on Relevé**

- 1,2            Cross Lf behind Rf, Step Rf Fwd as you 1/4 Turn R (facing 7.30)  
                 Step L Heel Fwd, Step R Heel Fwd (splitting weight between both Heels), Step Lf
- &3&4        Back, Step Rf next to Lf

5,6 Step Lf Fwd, Step Rf Fwd  
7,8 Step Lf Fwd, Rise on to the ball of Lf as you Kick Rf Fwd

**Restart: happens after count 48 on wall 2, - 1/8th turn square up to wall 3**

**Tag: happens after count 48 on wall 5 then after the tag you continue with count 49-64**

**[49-56] Rock, Recover, Step Back, ½ Turn Step, Hitch, Side Shuffle**

1,2 Rock Rf to R Fwd, Recover  
3,4 Step Rf Back, Step Lf Fwd as you ½ Turn L (facing 1.30)  
5,6 Hitch R knee as you square up to 12.00  
7,8 Step Rf to R Side, Step Lf beside Rf, Step Rf to R Side

**[57-64] Jazz Box ¼ Turn, Side Touch, Elvis Walks**

1,2 Cross Lf In front of Rf, Step Rf back as you ¼ Turn L (facing 9.00)  
3&4 Step Lf to L Side, Touch Rf next to Rf  
5,6,7,8 Step Rf to R Side as you invert R knee in, Step Lf to L Side as you invert L Knee in,  
Step Rf to R Side as you invert R knee in, Step Lf to L Side as you invert L Knee in

**Begin Again**

**Tag: on Wall 5 after count 48**

1,2 Step Rf Fwd, Hold  
3&4 Push R Shoulder Fwd, Push L Shoulder Fwd, Push R Shoulder Fwd as you drag Lf  
into Rf finishing with weight on Lf

**Contact: smckeeper07@hotmail.com**

**Last Update - 19th April 2016**