

# Pollina Reggae

**COPPER** **NOB**  
BY REPUBLIC

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Ivonne Verhagen (NL) & Guests Sejour Texas Side Step Sicilia - September 2022

**Music:** No Woman, No Cry - Yann Muller



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## Intro: 16 Counts (18 sec)

### SEC 1: Walk, Walk, shuffle, Rock step, shuffle ½ turn

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, close left to right, step right forward
- 5-6 Rock left forward, recover weight on right
- 7&8 ¼ turn left & step left to the side, close right to left, ¼ turn left & step left forward (6:00)

### SEC 2: Side, together, side chasse, cross rock step, shuffle ¼ turn

- 1-2 Step right to the side, close left to right
- 3&4 Step right to the side, close left to right, step right to the side
- 5-6 Cross rock left over right, recover weight on right
- 7&8 Step left to the side, close right to left, ¼ turn left & step left forward (3:00)

### SEC 3: Pivot ½ turn, Shuffle, Pivot ½ turn, Shuffle

- 1-2 Step right forward, ½ turn left & weight on left (9:00)
- 3&4 Step right forward, close left to right, step right forward
- 5-6 Step left forward, ½ turn right & weight on right (3:00)
- 7&8 Step left forward, close right to left, step left forward

### SEC 4: Mambo forward, Mambo back, mambo side, Mambo side

- 1&2 Rock right forward, recover weight into left, step right back
- 3&4 Rock left back, step recover weight into right, step right forward
- 5&6 Rock right to the side, recover weight into left, close right to left
- 7&8 Rock left to the side, recover weight into right, close left to right

**Choreographers:** Ivonne Verhagen ([ivonneverhagen70@gmail.com](mailto:ivonneverhagen70@gmail.com))

Remco Zwijgers / De Rosa Carmela / Anais Bruckmann / Marielle Hiller / Beatrice Gygax / Milena Negro /  
Josiane Denereaz / Rebecca Obrist / Sandra Jeanneret

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